

# HOPE

March 10 - April 21

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## **Addiction: When God Turns Your Destruction into Destiny**

*March 31, 2019*

**BIG IDEA:** Addiction is a whole-person disease of Soul, Body, and Spirit, causing brokenness, shame, and isolation (even in the church). In order to experience wholeness and abundant recovery, all three areas need be restored. There is a way, there is hope, and you're not alone!

**I. The Soul Component:** Our mind, will, and emotions.  
(1 Corinthians 14:33, 2 Timothy 1:7)

- **Mind:** Our thought life, thinking patterns, coping skills (or lack thereof).
- **Will:** Our ability to make free will decisions, which is usually intact in the beginning.
- **Emotions:** Where we experience the feelings of trauma, soul wounds, and emotional brokenness. These are usually the motivating factors in attempting to self-medicate. The wounded soul is the womb where co-dependency is birthed.

**II. The Body Component:** These are the organic brain and physical components that become physically addicted. These begin to hijack the free will, driving mental obsession and emotional compulsion in order to comply with its demands. This is where self-loathing begins. (Luke 16:3, James 1:8)

**III. The Spirit Component:** (Luke 4:18, John 14:6)

- Without the Healer, there is no wholeness or healing. We just continue to struggle managing the damage.
- When we try to fashion a "higher power", we're still playing the creator, and we're still powerless. God is not who we think He is; He is who He says He is.